



CV

Tonje Aas Molnes

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Born: 23.07.1986

Height: 1,58 m

Nationality: Norwegian

Languages: Norwegian, Swedish, English,

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Education

- Bårdar Danceakademi, Oslo, Norway, 2005-2008
- Fagerlia VGS Musikk, Dans, Drama. Ålesund, Norway

Career experience

Stellaris DansTeater: Leinan-Hermo Produksjoner, choreographer Solveig Leinan-Hermo, 2014-2020

- Selection from "two swans" Dance festival in Nickel and Arkhangelsk, Russia.
- "Adnazdi": Premiere in Petrozavodsk with tour in Russia and Dancefestival Barents, Hammerfest, Norway
- "Heart beats light": Dancefestival Barents, Hammerfest, Norway. Collaboration with choreographer Allyson Green
- "Whispers By The Pearly Gate": Hammerfest with tours in Norway (Dansens Hus), Russia, Sweden and Ireland (EchoEcho Dancefestival)
- "Tangsprell": Premiere in Hammerfest with tours in Norway and Russia
- "Dær Fastlandet Flyt": Hammerfest, Oslo (The Norwegian National Opera and Ballet)
- "I Hengende Snøre": Hammerfest, Norway
- "Veien blir til": Dancefestival Barents, choreographer Marie Hermo Jensen

- "Danseløypen": Tour in Norway and Russia
- "Et sted som dette": YoungChoreographer project by Stellaris DansTeater, choreographer Eivind Linn

Peer Gynt - Ålesund symphony orchestra and operachoir, 2019

- "Peer Gynt" was dancing "Anitra", "Solveig" and "Den grønklede".

TGWP: Choreographer Gerd Kaisa Vorren, 2019

- "The Games We Play" dance and Parkour performance and workshops. Oslo and Finnmark, Norway. Gerlev, Denmark.

Inamorata Dancecompany: Choreograph Sanna E. Ryg, 2012-2019

- "I lys av mørket" premier in Kristiansund, your in Molde, Ålesund. Norway
- "Størst av alt": Premier in Sagene church, Oslo with tour in Stavanger and Tromsø, Norway
- "Hjertefred": Sandvika, Norway
- "En del av deg": Open scene, Moss, Norway
- "Den ukjente": R.E.D Nyland yard, Norway
- "Vi.Alene": Franje Festival, Dans/5 og Scenekunsthøypa in Stavanger, Norway
- "Surrounding Elements": Work in progress presentation, Norway
- "Unwrap": Oslo, Norway

Own choreographies (Choreographer/dancer in T.A.M Productions): 2015-2017

- "Fiskeriet": Collaboration with a festival, Ålesund, Norway
- "Rastløs stillhet": Dance film, 60sekundsdance, Norway
- "Brosundet brenner": Outdoor performance with live musicians and light design, Ålesund, Norway
- "Drømmefangerens hule": Children's performance with Høstscenen Theatre Festival, Norway
- "Fossefallet": Outdoor performance, Norway
- "Proessen": Opening of "Galleri Sankten" with the artist Rune Furelid, Ålesund, Norway
- Dancing in the opening of Jølstra Museet, collaboration with musician Gro Marie Svidal, Norway
- "Hunting Memories": Collaboration with Vin&Valse and Coda festival, Oslo, Norway

The Norwegian National Opera & Ballet's productions, 2012-2013

- "Le Grand Macabre": Co-director Valentina Carrascos
- "Aida":Choreographer Finn Walker, assistant Katie Lusby

Other productions and projects, 2009-2012

- "From Me": Dance film by InTuit Dansekompani, production choreographer and concept Gerd Kaisa Vorren, Norway
- "Melodi Grand Prix": With artists Malin and Silya Nymoen, choreographers Anne Marit Tynes and Charlotte Ø Våset, Norway
- "3 Floors": Dancer in a performance, choreographer Hanna Mjåvatn, Norway
- "Swing That Jazz": Bårdar Dancetheater, choreographers Bill Hastings, Benji and Buddy Schwimmer, Ryan Franco and Belinda Braza, Norway
- "Hovedproduksjon": Choreographer Ingun Bjørnsgaard, coassistants Halldis Olafsdottir, Siv Gaustad, Jan Ivar Lund and David Dalmo
- "Lord of the rings": Dancer/acrobat of Gollum's role, Ålesund symfoniorkester with Fagerlia V.G.S., Norway

Other skills

I have performed and choreographed on many different occasions with several styles, such as: improvisation, modern, contemporary, showdance, baton twirling and acrobatics. I have done gymnastics and baton twirling since I was six years old.

I have been in the Norwegian National Team of baton twirling 12 times in freestyle, pair and team competitions. Occasionally I also work as costumes designer and manufacturer for dance productions and gymnastics and twirling teams. I have worked as a dance teacher since 2008 at Bårdar Dance Academy and I hold workshops in improvisation, contemporary jazz, gymnastics and twirling. I have also worked as a gymnastics and baton twirling coach from the age of 13. I am now working as a teacher at Helsinki parkour and circus school in Helsinki.